



Expand Sickle Cell Disease Efforts at CDC

FACT SHEET

Sickle Cell Disease (SCD) and Sickle Cell Trait (SCT)

Sickle Cell Disease (SCD) is an inherited, lifelong disorder affecting nearly 100,000 Americans. Individuals with the disease produce abnormal hemoglobin which results in their red blood cells becoming rigid and sickle-shaped and causing them to get stuck in blood vessels and block blood and oxygen flow to the body. SCD complications include severe pain, stroke, acute chest syndrome (a condition that lowers the level of oxygen in the blood), organ damage, and in some cases premature death. Though new approaches to managing SCD have led to improvements in diagnosis and supportive care, many people living with the disease are unable to access quality care and are limited by a lack of effective treatment options.

Sickle cell trait (SCT) is not a disease. Having SCT simply means that a person carries a single gene for sickle cell disease (SCD) and can pass this gene along to their children. People with SCT usually do not have any of the symptoms of SCD and live a normal life.

CDC Current Activities

With funding from the CDC Foundation, CDC has established a population-based surveillance system to collect and analyze longitudinal data about people living in the U.S. with SCD. Due to limited funding, implementation of the program has occurred only in two states over the past few years— California and Georgia (approximately 10% of the US SCD population). Data is being collected from multiple sources (newborn screening programs and Medicaid) in order to create individual healthcare utilization profiles.

In September 2019, CDC announced the transfer of nearly \$1.2 million in FY 2019 funding to help seven additional states (Alabama, Indiana, Michigan, Minnesota, North Carolina, Tennessee, and Virginia) develop systems to collect data on the issues faced by people living with sickle cell disease. The funding allows these states to build needed capacity by developing and implementing strategies to collect vital information about SCD. This bridge funding is an important step toward improving and expanding the CDC's SCD data collection efforts; however, it is only limited to one year.

Expanding CDC's SCD Surveillance and Outreach and Education Programs

Strengthening and expanding current efforts will help enable individuals living with this disease to receive adequate care and treatment. A provision in the Sickle Cell Disease and Other Heritable Blood Disorders Research, Surveillance, Prevention, and Treatment Act of 2018 (P.L. 115—327), which was signed into law in December 2018, authorizes CDC to award SCD data collection grants to states, academic institutions, and non-profit organizations to gather information on the prevalence of SCD and the health outcomes, complications, and treatment that people with SCD experience.

Dedicated federal funding for CDC's SCD Data Collection Program is necessary to allow the program to be expanded to include additional states with the goal of covering the majority of the U.S. SCD population over the next 5 years. Surveillance is necessary to:

- Improve understanding of the health outcomes and health care system utilization patterns of people with SCD
- Increase evidence for public health programs and to establish cost-effective practices to improve and extend the lives of people with SCD

REQUEST:

Provide dedicated funding for the Sickle Cell Disease (SCD) Data Collection program at the Centers for Disease Control and Prevention's (CDC) Blood Disorders Division, within the National Center on Birth Defects and Developmental Disabilities.